NEET Preparation Plan and Tips to Become a Class Topper

# 1. Time Management

• Wake up early at 5:00 AM to make the most of your day.

• Study in short, focused sessions of 1–1.5 hours, followed by 10–15 minutes of rest.

• Prioritize subjects based on difficulty and importance.

• Avoid procrastination by using to-do lists and daily goals.

# 2. Daily Routine

• 5:00 AM - 6:00 AM: Revise Biology theory and key diagrams.

• 6:00 AM - 3:00 PM: School hours (Pay full attention in class).

• 3:30 PM - 5:00 PM: Study Physics (Numerical problem-solving).

• 6:00 PM - 7:30 PM: Study Chemistry (Focus on reactions and equations).

• 7:30 PM - 9:30 PM: Practice NEET mock questions.

• 9:30 PM - 10:30 PM: Revise what you studied during the day.

# 3. Subject-Wise Important Topics

• Physics: Mechanics, Thermodynamics, Electrodynamics, Optics.

• Chemistry: Organic Chemistry (Reactions), Periodic Table, Thermochemistry.

• Biology: Human Physiology, Genetics, Ecology, Plant Physiology.

# 4. Tips for Concentration and Understanding

• Eliminate distractions by creating a dedicated study space.

• Use memory aids like mnemonics and diagrams.

• Teach others what you've learned to strengthen your understanding.

• Practice mindfulness or meditation for better focus.

# 5. Motivational Quotes

"Success is the sum of small efforts, repeated day in and day out." - Robert Collier

"The harder you work for something, the greater you’ll feel when you achieve it."

"Don’t watch the clock; do what it does. Keep going." - Sam Levenson